



Employee Health and Well-being Matters in Oregon Schools

Oregon Small Schools Association Conference April 22, 2022

Session Objectives

- Voices from the field: Corvallis School District
- Explore how district and school leaders can actively promote and foster their well-being
- OEA Choice Trust: Who, Why and How

The Circle: Compass





Making a difference: Corvallis School District

Healthy, Resilient Educators: Reflection and Discussions



Reflect and discuss the questions below. Write key 'aha' and ideas on post its. Place on chart paper!

1. Who is the most well person you know? Why?
2. Why is your role as a leader important to fostering staff well-being?
3. What can you do to support the health and well-being of your staff, your self, and your district?



OEA Choice Trust: Our Vision

Inspiring schools to create healthy workplaces for all staff

All Oregon public school employees are healthy, resilient and engaged as champions for healthy school environments and vital communities. As a result, they are fulfilled in their work, model well-being for students and are better equipped to foster student success.

A Critical Need: School Employee Health and Well-being



- **41%** of first-year Oregon teachers quit teaching within 5 years
- **58%** of teachers and school staff said their mental health “was not good” seven or more days in the past 30 days
- **61%** of educators and school staff “always or often” find their work stressful
- **1 in 4** teachers miss 10 or more school days
- **23%** decline in the number of people completing teacher preparation programs between the 2007-08 and 2015-16 school years.

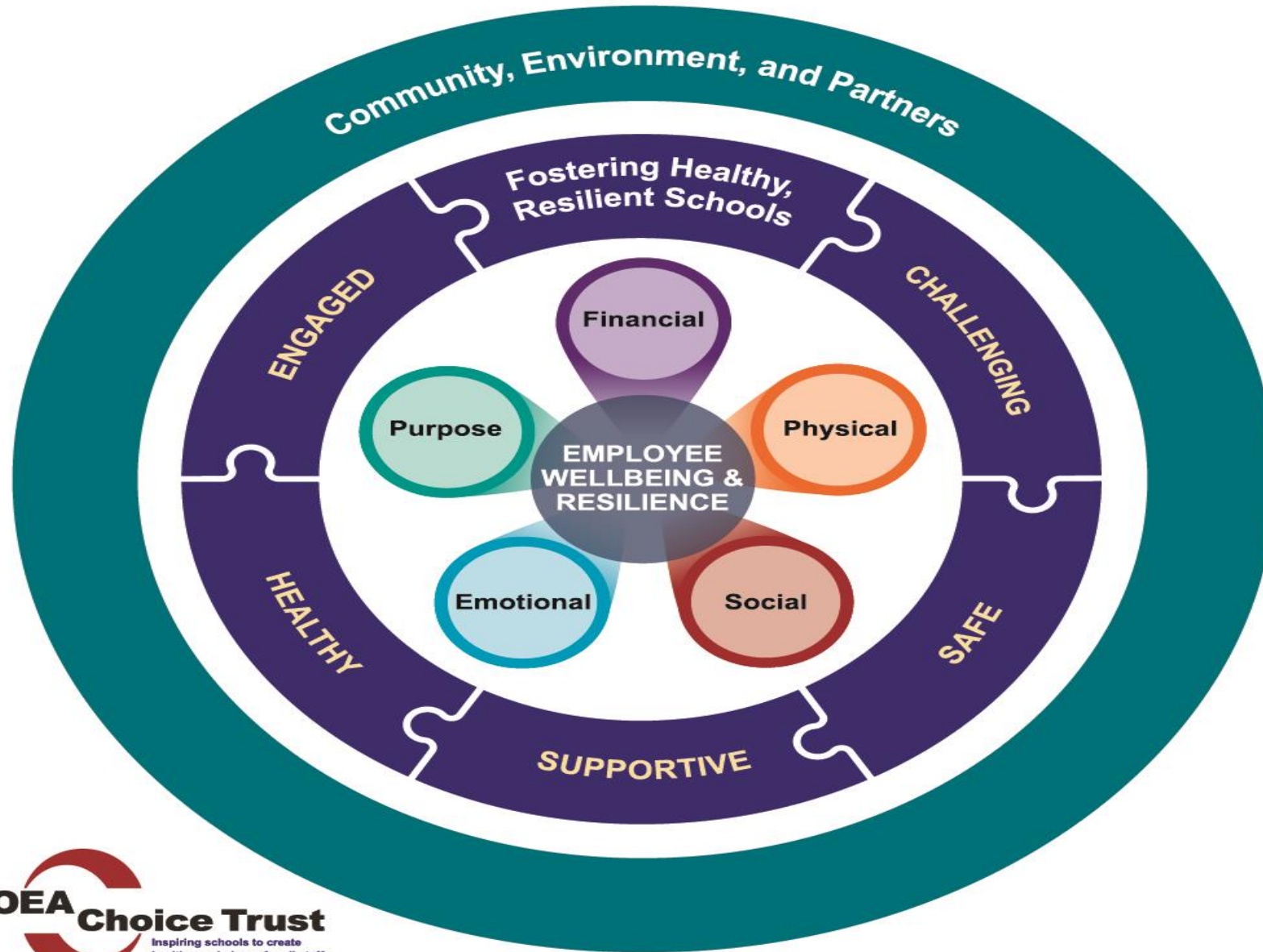
Source:

Chief Education Office. 2018 Oregon Educator Equity Report

Gallup (2014) State of America Schools

Weingarten, R., Johnson, L., & Ricker, M.C. (2017) Educator Quality of Work Life Survey.
American Federation of Teachers

School Employee Well-being Model



School Employee Wellness Grants



- Public districts, community college or ESD
- \$100,000 to be used over 5 years
- 50% match through in-kind donations/contributions
- Fall grant opportunity with applications due in November
- More information: Asta@oeachoice.com

OEA Choice Trust: Tools and Resources

www.oeachoice.com

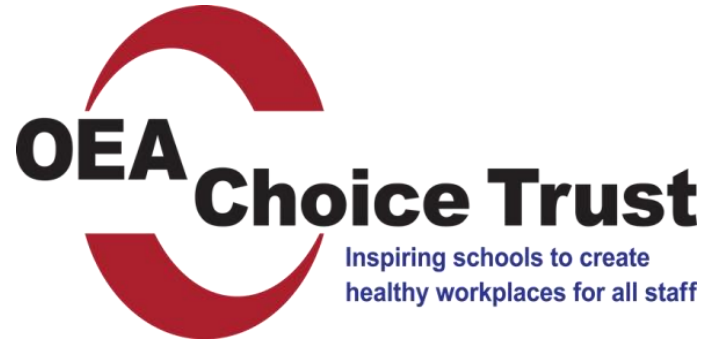
- [Blueprint for School Employee Wellness](#)
- [Success Stories](#)
- [Webinars](#)
- [Blog](#)
- [Resource Library](#)
- [Framework of Proven Strategies and Best Practices](#)



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What fills your
well-being
bucket?





**Thank you
May you Stay Well & Wonderful**

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