

2024 OREGON CHILDREN AND YOUTH BEHAVIORAL HEALTH SUMMIT



04/19/24



8:00 am - 4:00 pm



Eugene, OR

Hosted By:



SUMMIT SCHEDULE

7:30 – 8:15..... Registration and Coffee/Tea..... Lobby

8:15 – 8:30..... **Welcome and Introductions**..... Playwright’s Hall
Noreen Dunnells, President and CEO, United Way of Lane County

8:30 – 9:30..... **KEYNOTE #1: “Statewide Vision, Commitment, and Priorities to Behavioral Health”** Playwright’s Hall

- Opening Remarks - Colt Gill, Interim Superintendent, Eugene 4J School District
- Kid Governor - Zoya Shah
- Youth Voice Video
- Orientation to the Day – Dr. Krista Parent, COSA

9:45 – 10:45..... **BREAKOUT SESSIONS: ROUND 1 - “Challenges, Supports and Solutions”**

Attendees will participate in a facilitated discussion to identify the challenges and opportunities associated with each specific age group. This information will be used for future planning.

Early Childhood Age Group O’Neil Room
Facilitator: Kellie DeVore, Director of the Lane County CCO PacificSource

Elementary Age Group Williams Room
Facilitators: Joshua Bates, Executive Director, Eugene Library, Recreation & Cultural Services
Judy Newman, Board Member, Eugene 4J School District

Secondary Age Group Hellman Room
Facilitator: Chris Parra, Retired Bethel School District Superintendent and COSA Consultant

11:00 – 12:00..... **BREAKOUT SESSIONS: ROUND 2**

Using Medicaid Billing to Expand Behavioral Health and Other Services O’Neil Room
Speakers: Jennifer Dundon, School Medicaid Operations and Policy Analyst, Oregon Department of Education
Shelby Parks, School Medicaid Program Analyst, Oregon Department of Education
Lasa Baxter, School-Based Health Services Medicaid Operations & Policy

Breaking the Silence: Supporting Adolescent Latino/BIPOC Males’ Mental Health Williams Room
Speakers: Canada Taylor Parker, Suicide Prevention Coord., Postvention Response Lead, Multnomah County Health Dept.
James R. Dixon, Black Youth Suicide Prevention Coordinator, Multnomah County Health Department
Yolanda Gonzalez, Senior Manager, Direct Clinical Services, Multnomah County Health Department
Zoraya Uder, CHW, AMHFA Instructor, Familias en Accion

This one-hour breakout session aims to raise awareness among practitioners and educators about the rising suicide rates among adolescent Latino/BIPOC males, providing data on the trend and addressing stigmas and barriers to seeking Support

while also equipping attendees with culturally relevant strategies to better support their students or clients’ mental health needs.

Risks and Opportunities Associated with Digital Technology and Health from Early Childhood to Adulthood..... Hellman Room
 Speakers: Dr. Nick Allen, University of Oregon’s Ann Swindells Professor of Psychology; Director, Center for Digital Mental Health; Associate Director of Clinical Training Center for Translational Neuroscience, Psychology

12:00 – 1:30..... LUNCH AND PANEL - “Statewide Efforts Supporting Priority Populations” Playwright’s Hall
 • Dr. Maureen Zalewski, Director of Child Behavioral Health Training, Ballmer Institute
 • Dr. Grace Bullock, Director of Mental Health, Oregon Department of Education
 • Mercedes Elizalde, Director, Advocacy Latino Network

1:45 – 2:45..... KEYNOTE #2: “Depression and Anxiety Prevention in Youth” Playwright’s Hall
 Speaker: Dr. Emily Tanner Smith, Executive Director, HEDCO Institute, University of Oregon
 Dr. Tanner-Smith will discuss findings from two recent reviews synthesizing research evidence on the effectiveness of school-based programs for preventing student depression and anxiety. The presentation will summarize the overall effectiveness of these prevention programs for promoting student mental health, the contexts in which these programs are more (or less) effective, the types of programs and activities that maximize impacts, and current gaps in the research evidence.

3:00 – 4:00..... BREAKOUT SESSIONS: ROUND 3 – “Solutions Focused”
Pollywog Parenting Education O’Neil Room
 Speakers: LeAnne Rogers Trask, Pollywog Coordinator, Linn-Benton Community College
 Kristi Collins, Early Learning Hub Director, Linn, Benton & Lincoln Counties

Pollywog has been serving families with prenatal through 5-year olds and their families who live in Linn, Benton and Lincoln counties since 2017. A program of the Early Learning Hub, Pollywog was developed to align health care, parenting education, and early childhood services for families with young children to increase family stability and improve Kindergarten readiness. This breakout session will include:

- Connecting with Families
- Partnering with other agencies / Serving our community / Raise Up Oregon
- Working with Unite Us / Closed-loop referrals
- Social Media / Facebook, Instagram, YouTube
- Additional services / Parenting Blogs, Parent Newsletters, Bright by Text, Baby Onesies, tabling events and “bling”
- Monitoring our Progress / Analytics

LGBTQ2SIA+ Affirming School Communities Williams Room
 Speakers: Angie Foster-Lawson, LGBTQ2SIA+ Student Success Coordinator, Oregon Department of Education
 Kate Hildebrandt, Title IX and Civil Rights Specialist, Oregon Department of Education

The Oregon Department of Education staff will share strategies to improve LGBTQ2SIA+ student mental health and school community belonging by outlining best practices, resources, and legal foundations from the LGBTQ2SIA+ Student Success Plan and the Supporting Gender Expansive Students Guidance. By the end of the session, participants will be able to differentiate between affirming and rejecting behaviors and strategies to better support LGBTQ2SIA+ student belonging.

Strategies to Build the Behavioral Health Workforce Hellman Room
 Speakers: Courtney Westling, Senior Director of Public Affairs, The Ballmer Institute
 Dr. Maureen Zalewski, Director of Child Behavioral Health Training, Ballmer Institute
 Iris Bicksler, Senior Traditional Health Worker Liaison, Lane CCO, PacificSource
 Eve Gray, Director, Lane County Health & Human Services
 Olivia Goodheart, Resource Navigator, Connected Lane County
 David Ross, Program Manager, Connected Lane County

Increasing and diversifying the behavioral health work force is critically important in efforts to address demands and access to behavioral health services. In this session several innovative strategies aimed at building the behavioral health workforce will be presented.

4:00 – 5:00..... Networking Reception