

COSA Whole Child Summit • Fall 2019

The CASEL Guide to Schoolwide Social Emotional Learning

Healthy • Safe • Engaged • Supported • Challenged • Sustained



Presenter & Agenda

Who am I?

- ◆ **Welcoming Ritual**
- ◆ **New Learning & Collaboration**
 - SEL, the Schoolguide, its Focus Areas & resources
- ◆ **Optimistic Closing**






Welcoming Ritual

**Introductions &
Your ideal school:**
*looks like, feels like, sounds like
& WHY?*

Shared Agreements

- In every chair a learner; in every chair a leader
- Speak to be understood; listen to understand
- Return to being present; work to stay engaged
- Maintain safe space for meaningful conversations
- Take care of yourself; take care of each other

A decorative network diagram in the top-left corner, consisting of various sized grey circles connected by thin grey lines, forming a complex web-like structure.

New Learning & Collaboration

The background of the image is a complex network diagram. It consists of numerous small, light gray circular nodes connected by thin, light gray lines. Some nodes are highlighted with a darker gray fill, and some are surrounded by a dashed gray border. The overall pattern is dense and interconnected, suggesting a global or multi-scale network structure.

Foundational Knowledge

TRANSFORMING AMERICAN EDUCATION THROUGH SEL

The **Collaborative for Academic, Social, and Emotional Learning (CASEL)** collaborates with leading experts and supports districts, schools, and states nationwide to **drive research**, **guide practice**, and **inform policy**.



Research

+



Practice

+



Policy

+



Collaboration

We strive to equip educators and policymakers with the knowledge and resources to advance social and emotional competencies and equitable learning environments so *all* students can thrive.

SEL is...

The process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

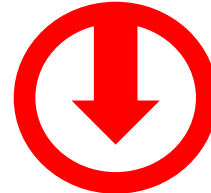


SEL benefits students and adults: **Compelling national evidence**

Science Links SEL to Student Gains:



- Better social-emotional skills
- Improved attitudes about self, others, and school
- Positive classroom behavior
- 11 percentile-point gain on standardized achievement tests



- Fewer conduct problems
- Less emotional stress
- Lower drug use

...and adults benefit too



Teachers who possess social and emotional competencies are **more likely to stay in the classroom longer** because they're able to work more effectively with challenging students —one of the main causes of burnout.



Statistically significant associations between measured social-emotional skills in kindergarten and key young adult outcomes across multiple domains of **education, employment, criminal activity, substance use, and mental health.**

2011

Anchorage, AK
Austin, TX
Cleveland, OH

2012

Chicago, IL
Nashville, TN
Oakland, CA
Sacramento City, CA
Washoe County, NV

2015

Atlanta, GA

2016

El Paso, TX

2017

Boston, MA
Dallas, TX
Denver, CO
Palm Beach, FL
Tulsa, OK

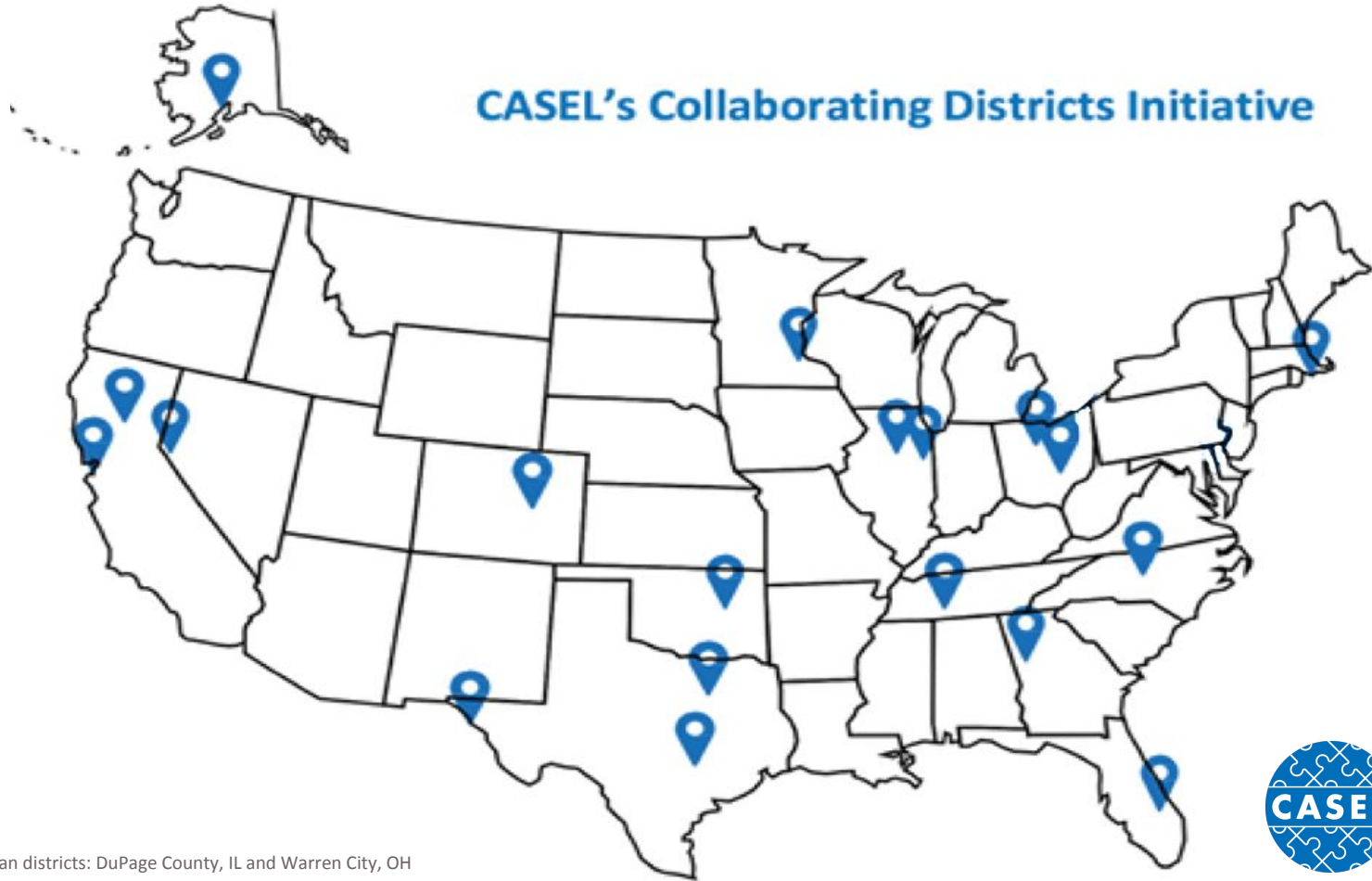
2018

Baltimore, MD
Minneapolis, MN

2019

Guilford County, NC

CASEL's Collaborating Districts Initiative



*CASEL also partners with two suburban districts: DuPage County, IL and Warren City, OH





CASEL's Beliefs

SEL to what end?

- SEL is relevant **for all students** in all schools and affirms diverse cultures and backgrounds.
- SEL is a strategy for **systemic schoolwide improvement**.
- SEL is a way to **uplift student voice** and promote agency and civic engagement.
- SEL supports **adults in strengthening practices that promote equity**.
- Schools must engage **students, families, and communities** as authentic partners in social and emotional development.

SOCIAL & EMOTIONAL LEARNING

EXCHANGE 2019

Hosted by  Champion Sponsor 

The background of the image is a light gray network of interconnected nodes and lines, resembling a social or organizational graph. The nodes are represented by small circles, some of which are highlighted with a darker gray or blue color. The lines connecting the nodes are thin and light gray, creating a complex web of connections across the entire page.

The School Guide

How do we get to our ideal school?

CASEL Guide to Schoolwide Essentials

(download for today)

District Resource Center Essentials



“

“The CASEL Guide to Schoolwide SEL is not a stand-alone program or curriculum. Instead, it is a **comprehensive online resource** that provides a **step-by-step process** to help you achieve schoolwide SEL. Organized into four Focus Areas, this resource offers **expert guidance** and **field-tested tools** to help you implement SEL strategically, systemically, and effectively.”



The Schoolguide:
How it Works

What does SEL look like, feel like, sound like?

Indicators of Schoolwide SEL



Explicit SEL instruction



SEL integrated with academic instruction



Youth voice and engagement



Supportive school and classroom climates



Focus on adult SEL



Supportive discipline



A continuum of integrated supports



Authentic family partnerships



Aligned community partnerships



Systems for continuous improvement

Where do
you see the
Indicators?



Time
To Share...



A Process for Systemic SEL Implementation

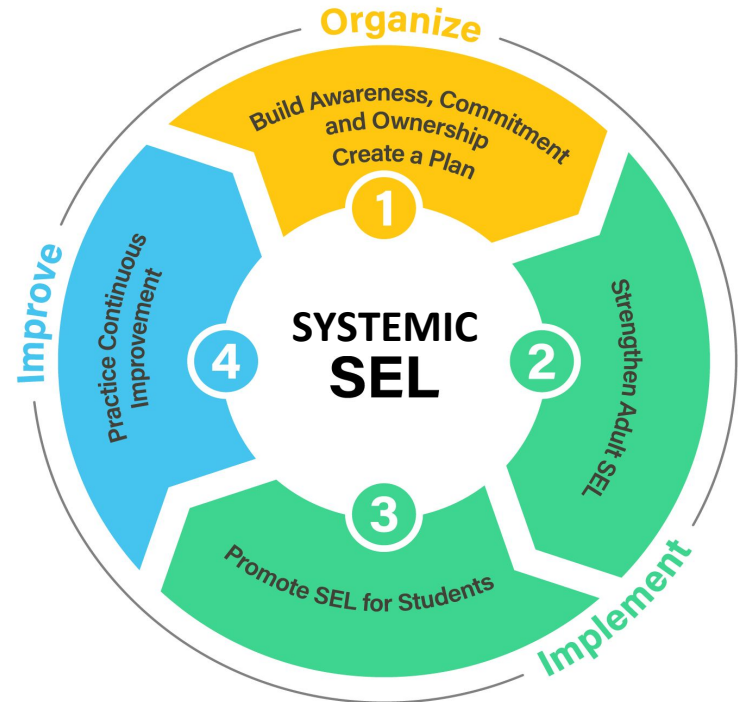
Four key questions underlying the implementation process:

Where do we want to go?

Where are we now (and where have we been)?

How do we get from where we are now to where we want to be?

How will we know we're on track?



The CASEL Guide to Schoolwide Social and Emotional Learning

Schoolwide SEL helps students excel academically, build stronger relationships, and lead happier, healthier, more fulfilling lives.

How it Works

Scroll for more



What is Schoolwide SEL?

Schoolwide SEL engages the entire school community in creating

schoolguide.casel.org



CASEL's District Resource Center

The District Resource Center helps school districts make social and emotional learning (SEL) an integral part of every student's education. Find research, knowledge, and resources curated from school systems across the U.S. to support high-quality, systemic implementation of SEL.

How It Works

drc.casel.org

Use the [interactive SEL Planner](#) to drive your school's implementation:

- Implementation rubric
- Needs and resources inventory
- Priority- and goal-setting
- Action planning

(Jigsaw)

Focus Areas

1. A: Build Awareness,
Commitment & Ownership

B: Create a Plan

2. Strengthen Adult SEL

3. Promote Student SEL

4. Use Data for Continuous
Improvement



Time
To Share...



(Strengths & Challenges)

Focus Areas

1. A: Build Awareness, Commitment & Ownership
B: Create a Plan
2. Strengthen Adult SEL
3. Promote Student SEL
4. Use Data for Continuous Improvement



Time
To Share...



(Resources & Tools in Essentials)

Focus Areas

1. A: Build Awareness, Commitment & Ownership
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Time
To Share...



CASEL's tools and resources:

Support high-quality SEL implementation



SEL District Resource Center

Resources from districts where SEL programs, practices, and policies are working to support high-quality SEL implementation.

<https://drc.casel.org>



SEL Assessment Guide

Guidance to choose and use an SEL assessment.

<http://measuringSEL.casel.org/assessment-guide/>



Schoolwide Guide to SEL

Guidance for systemic SEL implementation in a school.

<https://schoolguide.casel.org/>



Program Review Guides

Recommendations for selecting high-quality SEL programs.

<https://casel.org/guide/>



SEL State Resources

Sample policies and practices that support SEL.

<https://casel.org/csi-resources/>



SEL Starts at Home

Resources to bring SEL into your home and community.

<https://casel.org/in-the-home/>



Optimistic Closure

What are you taking back with you today?
Who is your partner in that work?

Thank you!

Stay in touch.... Marie-Claire Wonacott
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