

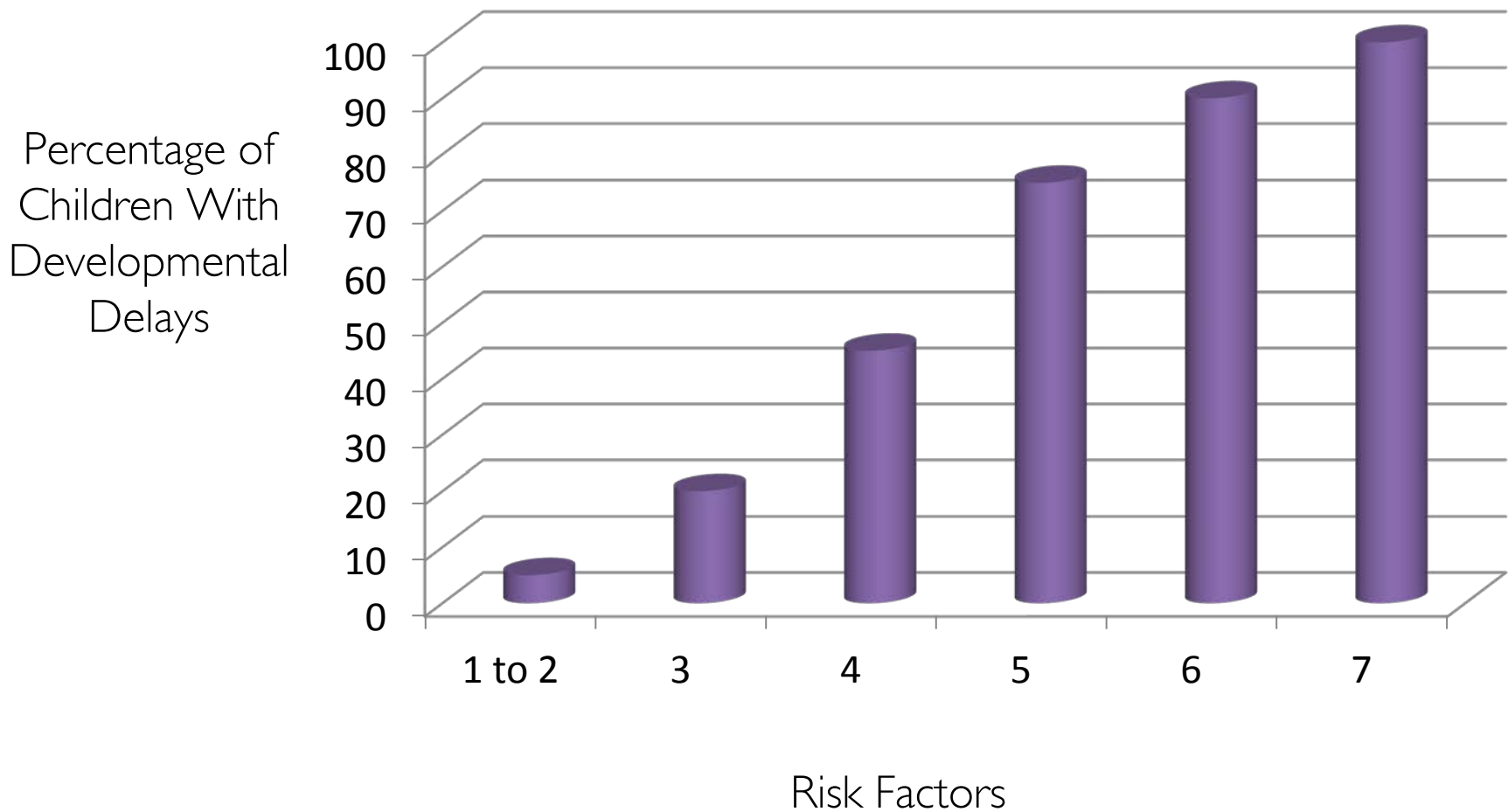
Introduction to Gladstone School District's Culture of Care

Lennie Bjornsen

Bill Stewart

Significant Adversity Impairs Development in the First Three Years

From the Center on the Developing Child-Harvard University

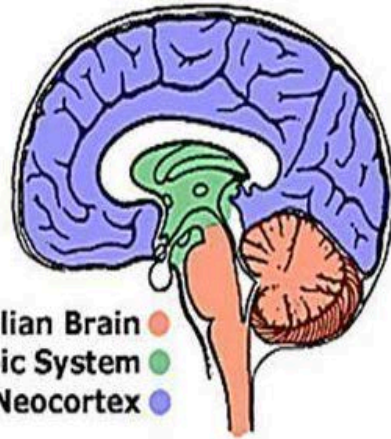


Toxic Stress from ACEs is often varied, severe and prolonged and may negatively impact student function in these areas -

1. Thinking: The ability to use thinking skills for self-control and focusing attention, as well as for communication and learning
2. Physical Development: such as problems with health or sensorimotor development
3. Emotional Awareness and Regulation: for example the ability to label and manage feelings
4. Relationships: for example the ability to see others' points of view or understand social roles
5. Self-concept: such as the development of positive self-esteem, with minimal feelings of shame and guilt
6. Behavior Control: the ability to manage reactions or respond to others without opposition or aggression

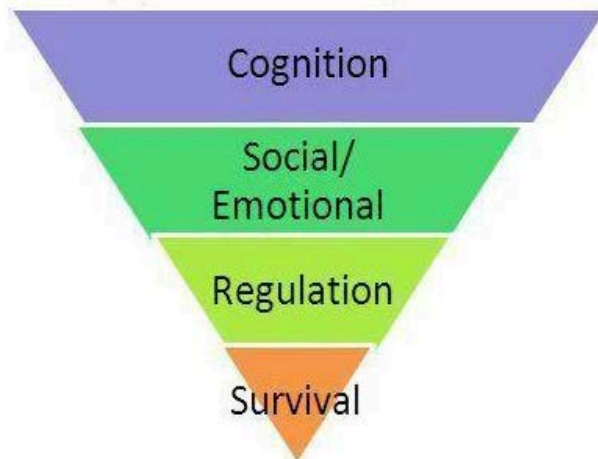
Toxic Stress — can induce long term, potentially permanent, impacts on health, learning and behavior.

Trauma & Brain Development



Reptilian Brain ●
Limbic System ●
Neocortex ●

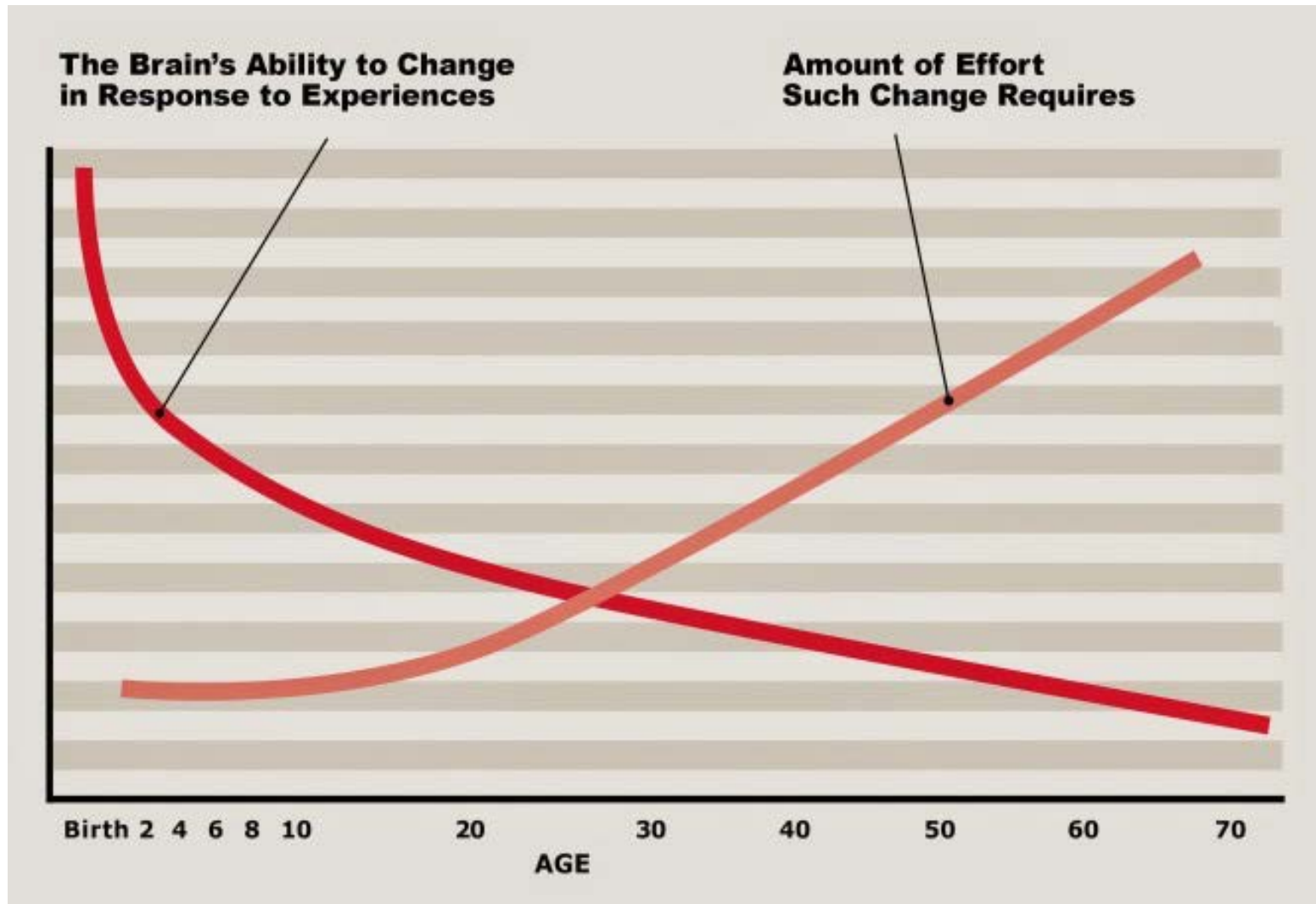
Typical Development

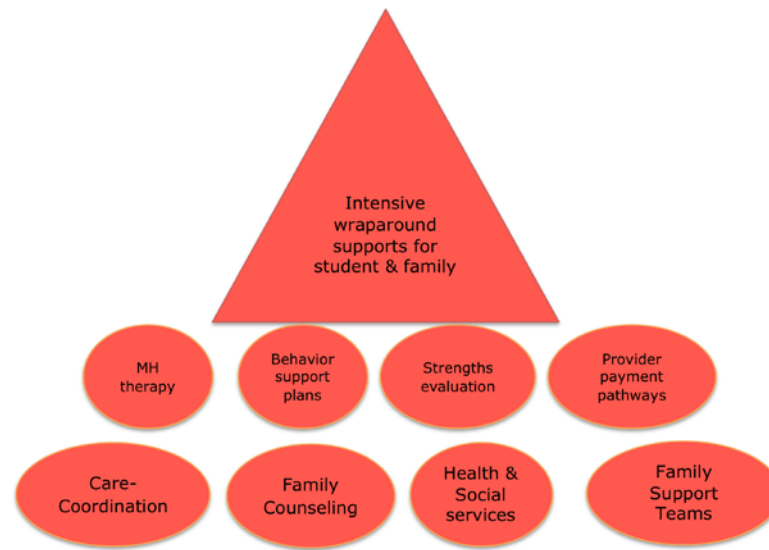


Developmental Trauma



Harvard: trauma impacts are most significant early in life and more difficult to mitigate as we age

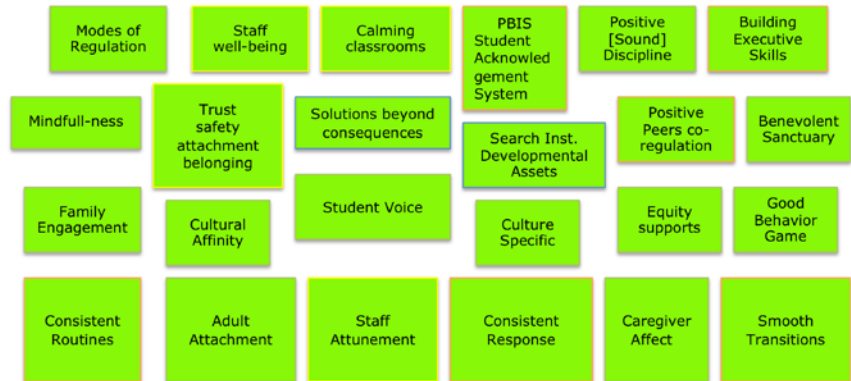




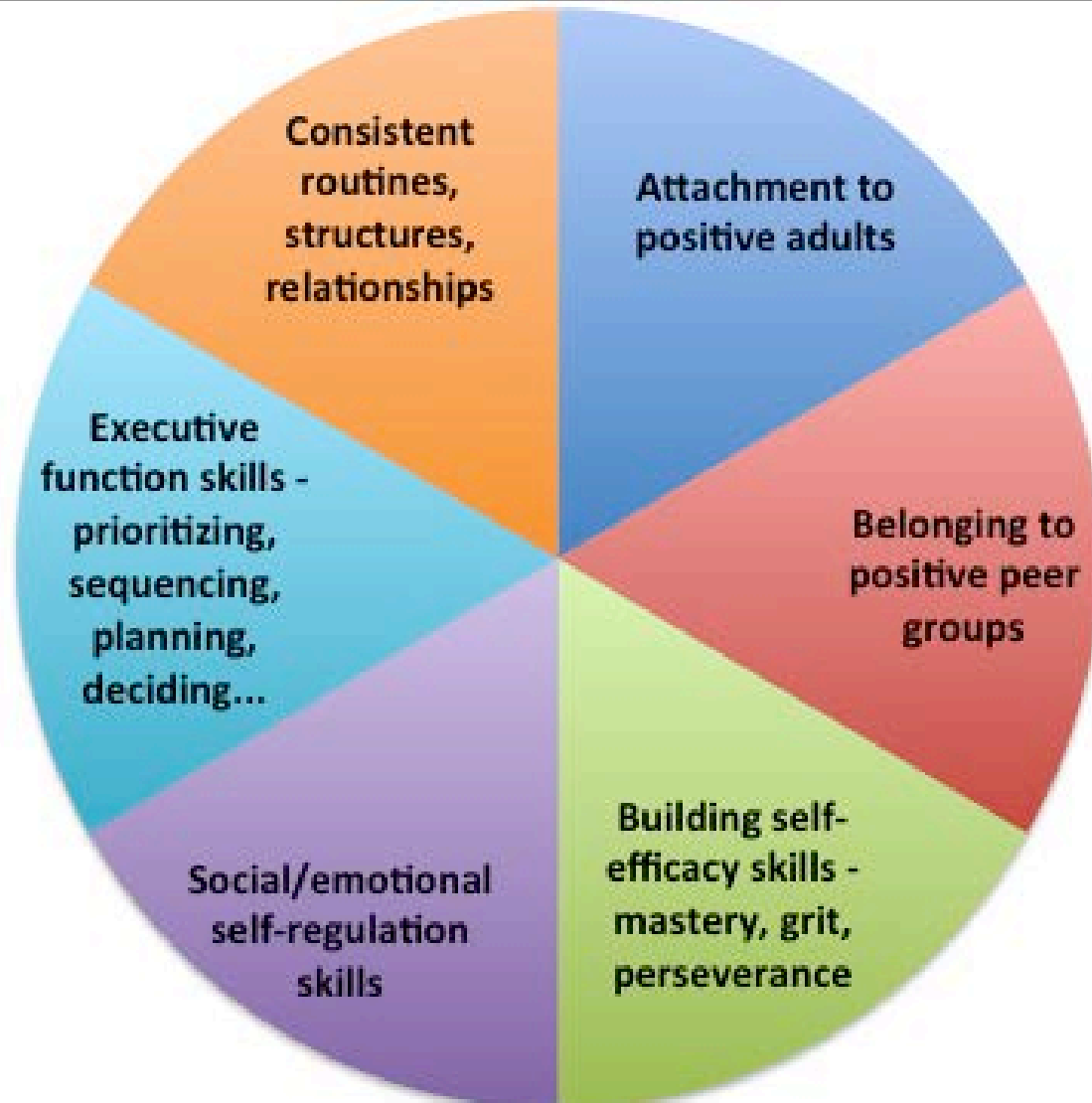
Yellow zone supports - Building resilience



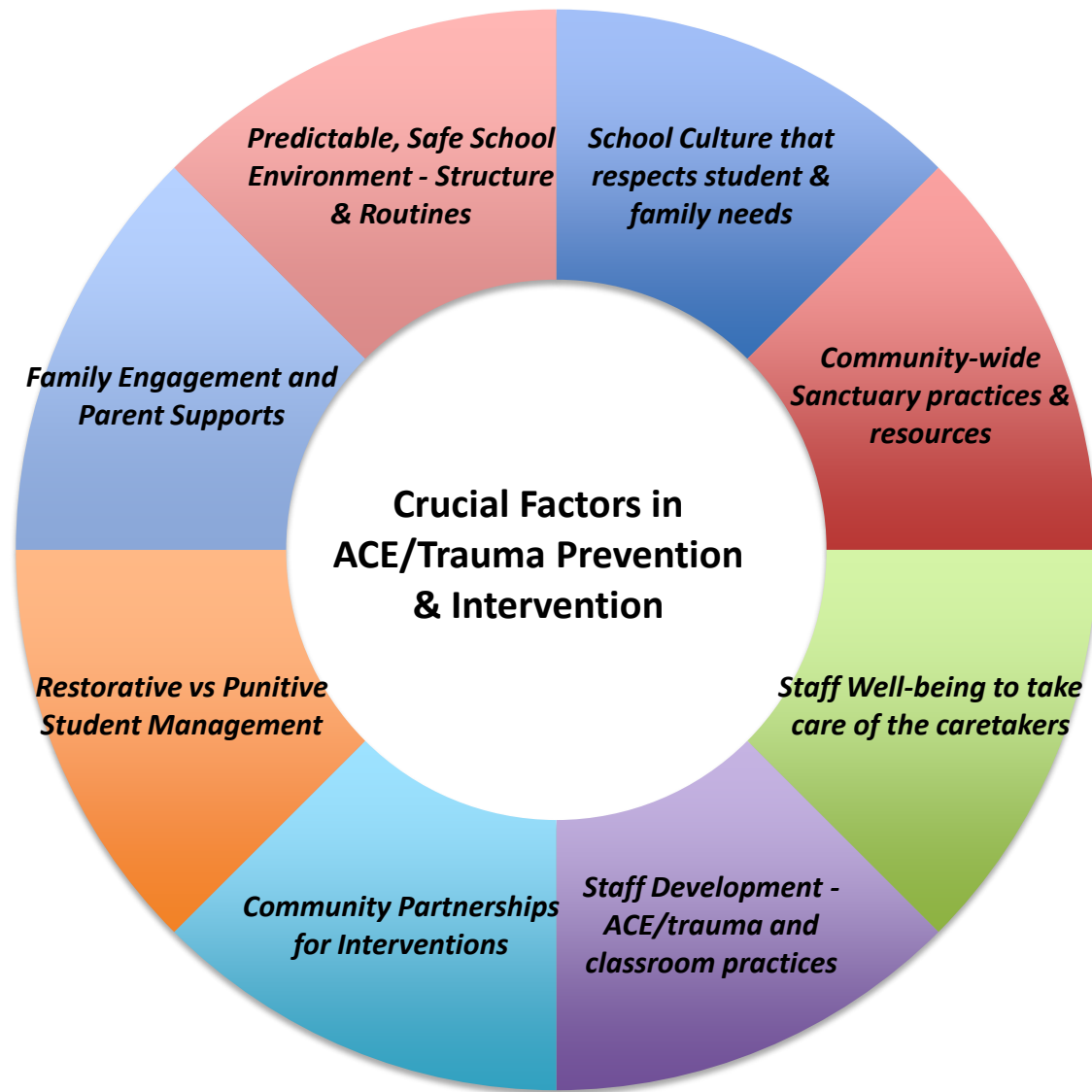
Green zone - safe, empathetic, and predictable Culture of Care for all.



Bolstering Resilience



Planning for Adverse Childhood Experiences / Trauma Intervention and Prevention in Schools & Communities



The ACE Collaborative journey

Early professional development

Original ACE Study
Vincent Felitti, MD

Clear Schools
Chris Blodgett, PhD

Sound Discipline
Jody McVittie, MD

Neurodevelopmental
Demands & Skills
Rick Robinson, PhD

Caring classroom environments & skill building

self-regulation routines affect attunement
relationships executive function skills

Equity &
Trauma
works

Resiliency
Trumps
ACEs

Employee
resilience &
well-being

Restorative
Justice

Mindfulness

Trauma
informed
PBIS

Adverse Childhood Experience, Trauma and Early Toxic Stress

awareness impacts planning frameworks whole staff involvement

Essential Components of a Culture of Care

