

# Gladstone's Culture of Care

## **Trauma Informed Practice Summit**

January 20, 2016

12:30pm-1:45on

### **Presenter(s):**

Wendy Wilson, Rick Robinson, Lennie Bjornsen, and Bill Stewart

### **Session Description:**

Beginning in the summer of 2015, in partnership with a consortium of six other school districts, Gladstone School District embarked on a journey of learning about trauma, Adverse Childhood Experiences (ACEs) and the impact they have on brain and social/emotional development and thus upon behavior, attendance, well-being and academic achievement of students within a K-12 setting.

Even before that, Gladstone's John Wetten Elementary School had begun exploration of school and classroom practices that might help create a safe, calm environment that is good for all learners and might build and enhance resilience skills in all students. That effort has borne fruit and the school is in the midst of learning and gradually adopting changes in their approach to teaching & learning, specifically in grades K-5. The process has involved much more than new strategies and tools. It has really been a change in mindset about the philosophy of learning, school & classroom climate and the way that kids and staff interact.

During this session, participants will get an overview of the impact a high ACE score can have on a child in the school setting, ways to proactively support students, and specific strategies and ideas that John Wetten Elementary School has adopted to support students and school staff in the face of the ACE challenges that students do, or might, face during their K-12 years and beyond.