



Kristin Van Marter Souers

Licensed mental health counselor * Independent consultant
Complex trauma expert * Professional developer * Author
Adjunct Faculty Member * Speaker * Trainer

For over two decades, Kristin Souers has dedicated herself to the improvement of people's lives. As a licensed mental health counselor, she has provided counseling services to individuals, couples, and families. With a history of working in the fields of early learning, law enforcement, education, and mental health, she has been able to develop an extensive knowledge base. This, partnered with her expertise in complex trauma, the impact of violence, crisis management, counseling, and trauma-informed care, has allowed her to partner with professionals around the development of trauma-informed practices in a multitude of settings.

As an independent consultant, adjunct faculty member at the Gonzaga University School of Education in the Counselor Education Department, and the Assistant Director of the Washington State University Child and Family Research Unit, Kristin now provides critical professional development, consultation, education, and training services to schools, school districts, and organizations throughout the country. She has presented to hundreds of audiences, facilitated group learning, supervised internships, directed programs, and supported the learning and growth of countless educators, caregiving professionals, and other individuals.

The recent publications of *Fostering Resilient Learners: Strategies for creating a trauma-sensitive classroom environment* (ASCD, 2016) and the article "Address trauma with calm, consistent care: Strategies to help educators avoid burnout while keeping students learning-ready" (*Principal* magazine, March/April, 2015) have strengthened Kristin's impact in education.

For more information or to book Kristin for a speaking engagement or professional development services, she can be reached via email at ksouers@comcast.net or via phone at (509) 990-8933.