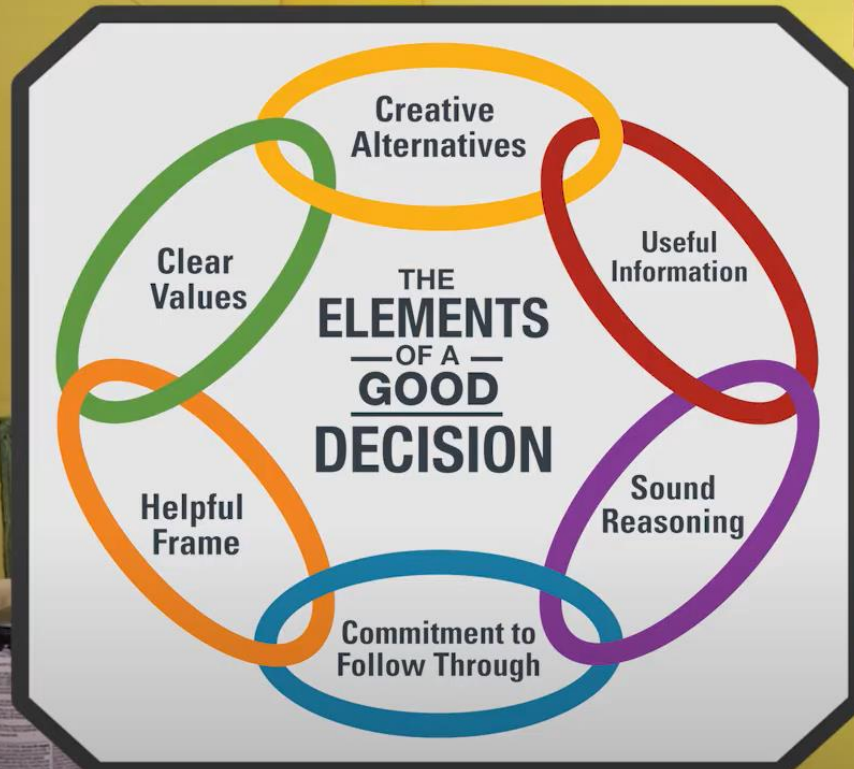


Oregon Small Schools Conference 4/28/2021



Young entrepreneur describes how DEF's framework brings clarity to the decision-making process



Ben Kitoko was a student at a summer course at Stanford Pre-Collegiate Studies

Now an Entrepreneur – explaining how Decision Skills help him be effective.

Decision Skills Are Relevant To Students

Integrate:

- **Social Emotional Learning**
- **Critical Thinking**
- **Creativity**

Increase:

Confidence

Empowerment

Academic Skills

Decision Competence

(Life Outcomes)



Alternatives		Art: DELETE		Current Events: DELETE	
Preferences	Weight (%)	Rating	Score	Rating	Score
Enjoyment: DELETE	- 50 +	- 8 +	4.00	- 4 +	2.00
College Applications: DELETE	- 35 +	- 5 +	1.75	- 6 +	2.10
Something New: DELETE	- 15 +	- 6 +	0.90	- 9 +	1.35

www.decisionacademy.org

StrongStart Bridge Program

1 Session – 1 Instructor

6 Student Mentors (rising seniors)

30 9th Graders

8 Days (3 training + 5 ‘camp’)

2 training days + 5 StrongStart

5 days of fun learning

StrongStart Results



Improved Student Outcomes p-value<0.05

- 0.2 GPA increase in freshman 2nd semester
- 0.4 credit increase in freshman year where where 0.5 is a full semester course credit
- 0.3 GPA increase in freshman 1st Semester GPA (p=0.09)

From Alternative School Counselor to Teachers to Motivated Student



Frame: The decision situation you are working through.



Values: What you want or don't want in the outcome.



Alternatives: Different ways you can address the situation.



Information: What you need to know and what is uncertain.



Reasoning: Identifying the alternative that best fits your values.



Commitment: Following through on your decisions.

A good decision makes sense and feels right

For more information go to:

www.decisioneducation.org

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A Proven Framework for
Making Better Decisions

- Instructions ●
- Completed Example ●
- 5 Conversations for Clarity ●

Conversations for Clarity provides a structured conversation where responses are captured to make progress toward a decision.



A tool to put the DQ framework into action





DECISION QUALITY FUNDAMENTALS

BETTER DECISIONS = BETTER LIVES

- Decision Quality vs. Decision Outcome
 - They're not the same thing
 - You can develop skills to improve decision making
- A Good Decision balances **Head and Heart**
- Choice is Empowerment

DECLARE DECISIONS



HOW TO DECLARE DECISIONS WELL:

- Develop Foresight
 - Imagine the future impacts of your actions
- Be Aware of Your Decision Opportunities
- Choice is Empowerment

WHAT INTERFERES WITH DECLARING DECISIONS:

- Not Enough Time
- Habitual Processes
- Lack of Awareness / Attention



EFFECTIVE PROCESS

- Define an appropriate frame
- Do a quick pass through all the links
- Identify the weakest link(s)
- A decision is only as strong as weakest link
 - Strengthen the weak links
- Balance head and heart and check for bias
- A good decision makes sense and feels right
- Commit and follow through

BEWARE: DECISION TRAPS

- Living on auto-pilot - Seize your decision power
- Bandwagon Effect - Determine your role in a decision
- Habitual Frame - Use lists to check decision fitness
- Compromised Decision State - HALT: hungry, angry, lonely, tired?
- Stuck in the Comfort Zone - Balance your default decision style
- Ignoring Possible Outcomes - HIP check: what could happen?
- Procrastination - Establish internal/external deadlines
- Sunk Costs - The past is past, focus on the future

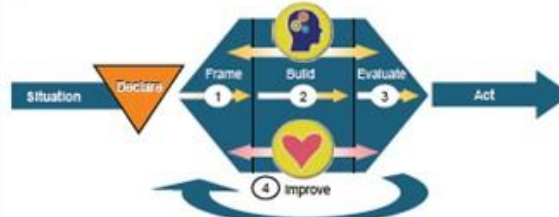


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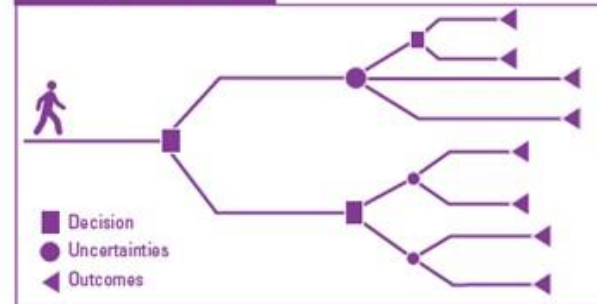
HOW TO USE IT

Decision Process

Rough Draft → Rate the Elements → Iterate & Improve



Draw A Decision Tree



PROBABILISTIC THINKING



Smart Goals are

- S** SPECIFIC
- M** MEASURABLE
- A** ACTION-ORIENTED
- R** REALISTIC
- T** TIME SENSITIVE

FRAME

- Purpose
- Perspective
- Scope

VALUES

- Preferences
- Trade-offs
- Ethics

ALTERNATIVES

- Brainstorm
- Create before you evaluate

INFORMATION

- Reliable
- Relevant
- Recognizing Uncertainty

REASONING

- Logical
- Consistent
- Makes Sense + Feels Right

COMMITMENT

- Make time
- Follow through
- Set SMART goals

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Will I do it?

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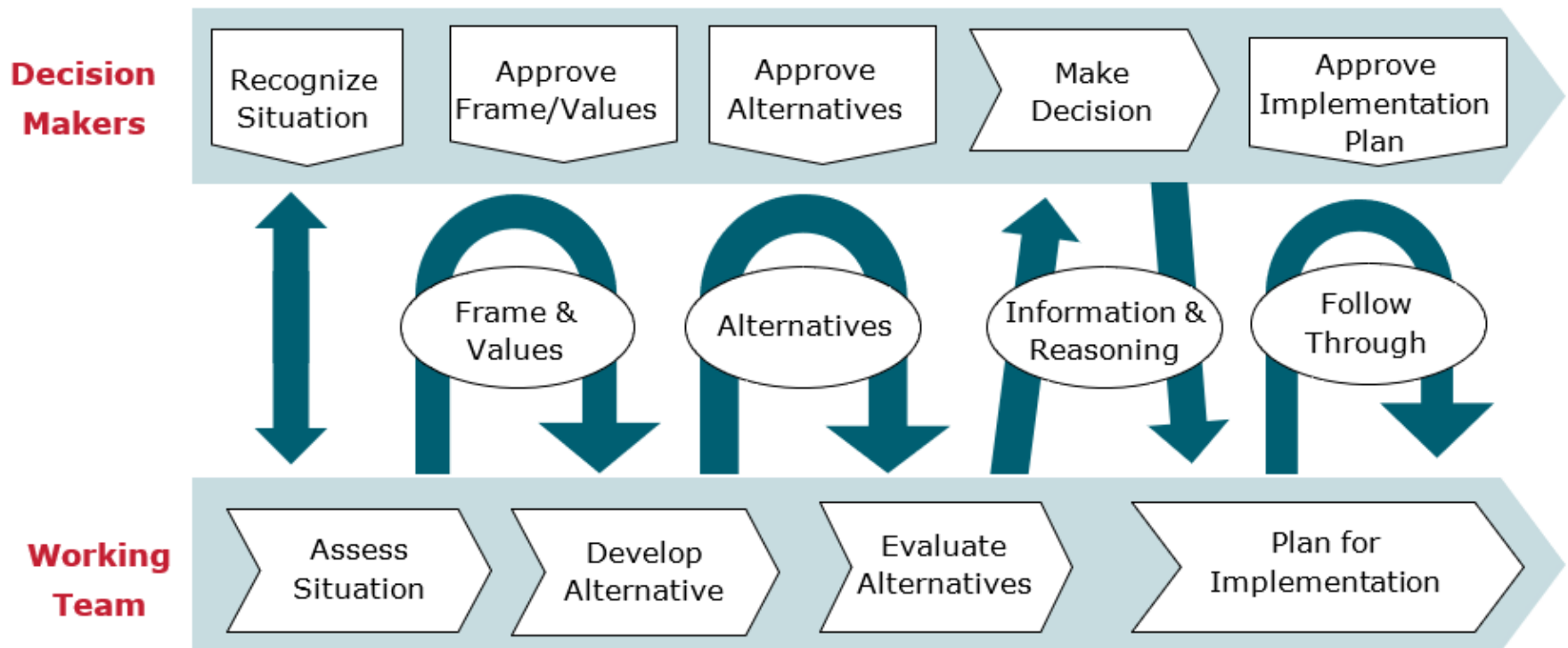
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Professional Development And Team Effectiveness – Learning By Doing

Decision Process for Groups

How We Work Together Makes a Difference



What Questions Do You Have?

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decisioneducation.org

Students Value Decision Skills.

- Teachers Benefit From Teaching Decision Skills.

Decision Skills Are Excellent Collaboration Skills For Staff.

The Whole School Community Can Benefit.