**COSA New Special Education Director Series** 

Working with Challenging Parents, Advocates and Attorneys

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# Conflict is an inevitable part of the work



The 5 Proactive P's of Managing Conflict in Special Education

1. PARENTS

2. PARTNERSHIPS

3. PROFESSIONAL DEVELOPMENT

4. PREPARATION

5. PROCESS

## PARENTS



### **Parents:** Intentionally Build Relationships with Parents

- Parental Engagement is legally required/well researched
- Being proactive buys good will
- Parental affect has a strong influence on conflict management
- Parental perception has a strong influence on conflict process
- WHAT are some actions you can take in your building/department/district to engage parents positively?

## PARTNERSHIPS



# Partnerships: Intentionally build relationships with Community

- Structure opportunities to create relationships with influential community members and organizations
- Examples: FACT, County Mental Health, Developmental Disability Services, Oregon Department of Education, your ESD, your legal council, local legislators, other Directors, local businesses
- The more you understand about each of these organizations, the better you will be able to solve problems and understand why decisions are made and what potential problems may arise

**Partnerships:** Be sure to build relationships within your district

- Don't silo yourself!
- Know who your colleagues are and know what they do!
- Ask how you can support
- Explain how your department can support their goals
- Get to know your building Principals
- Get out of the "ivory tower" and into classrooms

#### PROFESSIONAL DEVELOPMENT



## **Professional Development:** Principals, Staff and your Bosses

Teach the powers that be what you do!

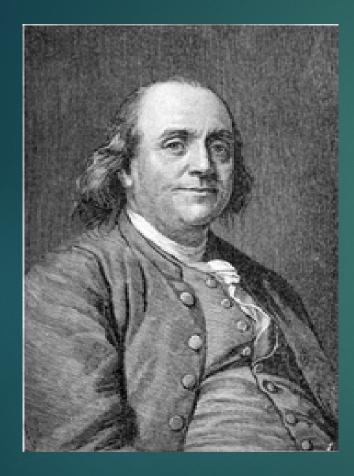
Offer support! Explain why they should care about special education.

Know who your allies are/learn who is an influencer and where

Teach. Discipline, IEP process, etc. What can you do to reduce the traditional silos between general and special education?

Engage in district equity work: How is SPED work part of the district's overall focus on equity?

## Prepare



"An ounce of prevention is worth a pound of cure."

-Benjamin Franklin

### BEFORE A DIFFICULT MEETING.....

Communication, communication, communication

Know who you are working with

Ask: Do I need a conversation or IEP meeting?

Are you the right person to lead the meeting or conversation?

Do your homework

Keep the Principal/Case Manager/boss in the loop

Understand cultural/linguistic needs in your meeting

Know your district/board recording policy

#### BEFORE A CHALLENGING IEP MEETING ALSO .....

- Investigate talking with a student's legal representation in advance
- Hold a staffing prior to the IEP
- Build and communicate an agenda in advance
- Decide how the team will communicate and with whom
- Most of the time, it's better to opt for mediation instead of due process if there is a choice

## During Your Meeting: Poise, Process and Post meeting plan

Our classroom ★★is a★★ safe space. Everyone is welcome. <u>Everyone</u> is important. <mark>)☆☆★★★☆☆☆★★☆☆⊖☆★</mark>

#### Stay Poised

Greet the parties you are working with warmly. Set up a welcoming environment

Run a positive meeting – tell parents you appreciate their advocacy, even if you disagree with them

Seek first to understand: Listen, Listen and then listen more

Focus on problem solving, not personalities

#### Stay Poised (continued)...

#### Ask questions!

Be practical and authentic with parents

Avoid defensive behavior and emotionally regulate

Summarize content at the end of the meeting for all

#### Process: Stay in the IEP process

For especially difficult meetings, have someone manage the facilitation and someone manage the IEP

Cover all required elements of an IEP meeting

Review rules of conduct at start

If the dispute is over placement, remember the IEP drives the placement- avoid "putting the cart before the horse"

#### More Process.....

Have data ready that is easy to read and explain. The team with the best data usually wins legal cases!

Keep the meeting as close to an hour as possible

Take good notes

Have a plan if things go south

#### After an IEP Meeting is Done.....

Wait until other meeting participants have left the building

Debrief with your team

Check in with staff and assess their perceptions/feelings

Review team member follow up responsibilities

Hold team members accountable

#### 16 More Pieces of Unsolicited Advice!



#### 16 Concepts to think about .... #1-#5

- 1. Keep kids at the center
- 2. Build a working relationship with your attorney and opposing attorneys/advocates
- 3. Use your attorney to guide and provide legal feedback, but not as the ultimate decision maker
- 4. Remember conflict is not all about you
- 5. Practice reflective thinking

#### Concepts #6- #10

- 6. Leave your cape at home!
- 7. Use staff (and your own) mistakes as a teaching platform, not a blaming or evaluation platform
- 8. Buffer your staff
- 9. Know your skill set
- 10. Know your resources for support

#### Concepts #11- #15

11. Avoid making big decisions in isolation

12. Trust your gut

13. It's OK not to know the answers!

14. Act swiftly but thoughtfully

15. Know and honor your district/community values

#### #16: GIVE YOURSELF GRACE

Be kind to yourself. YOU ARE AMAZING. You are Good Enough. YOU ARE WORTH IT.

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