"Transforming School Discipline: The Collaborative Problem Solving Approach" Presented by Dr. Stuart Ablon

At the conclusion of the seminar, participants will be able to describe the following:

- How different explanations for and interpretations of challenging behavior can lead to dramatically different approaches to intervention
- How chronic overwhelming stress and trauma impacts brain development
- The limitations of traditional school discipline that relies on reward and punishment procedures
- How to effectively implement a relational process to build relationship and skills and reduce the frequency and intensity of challenging behavior

Agenda:

- 9:00 10:30 Introduction
 - **Review of Philosophy**

Limitations of Traditional School Discipline

The Shift in Thinking: Behavioral Challenges as Learning Disability

- 10:30 10:45 Break
- 10:45 12:00 Assessment: The CPS-APT

Identifying Problems to be Solved

Five Domains of Thinking Skills

- 12:00 1:00 Lunch
- 1:00 2:30 Behavior Intervention Planning: Review of Three Plans and their Goals

Intervention: Ingredients of Plan B

Problem Solving as Skills Training

The Neurobiology of Brain Change

2:30 - 3:00 School-wide Implementation

Q&A / Next Steps and Resources