Summer Athletic Activities

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Agenda

- Insurance
- Medical exams
- Concussions
- Heat related injuries
- Inappropriate conduct
- Recruitment Issues

Appearance of District Sponsorship

Do not allow summer camps to use school district's name or mascot without including notice that the event is not sponsored by the school district.



Insurance

Scenario: Student falls off of bleachers during summer basketball camp. Student sues summer camp and school district as a result of injuries.

Who pays?





Waivers

- Parent and athlete acknowledgment of risks associated with activity.
- Parent and athlete acceptance of those risks and agreement to indemnify the camp from all liability associated with the activity.



Physical Examinations



- ORS 336.479 requires each school district to require students who participate in sports to have a physical examination prior to participation.
- All student athletes are required to complete a School Sports Pre-Participation Examination Form.
- The physical must be conducted once every 2 years.
- Summer camps not governed by these requirements, but best practice to ensure up to date physical.

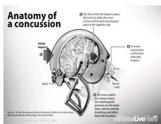
Concussions: Jenna's Law

- ORS 417.875 (Jenna's Law) requires coaches of nonschool athletic teams affiliated with a non-profit league to be trained in how to recognize the symptoms of a concussion and how to seek proper medical treatment.
- Any athlete who exhibits signs, symptoms or behaviors consistent with a concussion should be removed from the athletic contest or practice immediately.
- The athlete may not return until the day after they have been cleared by a healthcare professional.

Concussions: Jenna's Law

• Best practice to have each coach take concussion training even if Jenna's law doesn't apply:

http://nfhslearn.com/courses/38000



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Heat-related Injuries



- Coaches can subscribe to OSAA Heat Index Notifications at http://www.osaa.org/heatindex/
- Best practice: If the actual heat index is 95 or higher, activity should be altered and/or eliminated using the following guidelines:
 - Consider postponing practice until next day
 - Maximum of three hours of practice
 - · Water should always be available and in ample supply
 - Watch/monitor athletes for necessary action

Heatstroke fact box

Symptoms

- ► High body temperature of 106
- or higher ▶ Reddish tinge to skin
- ▶ Rapid pulse
- ▶ Nausea and/or vomiting
- ▶ Weakness; dizziness
- ► Unconsciousness

Prevention

- ▶ Drink plenty of fluids
- ► Wear lightweight clothing
- ▶ Protect yourself from the sun
- ▶ Spend as much time indoors as possible on very hot and humid days
- ► Take frequent drink breaks during outdoor activities
- ► Schedule vigorous activities and sports for cooler times of the day

SOURCES: University of Maryland Medicine; National Weather Service

Lightning Safety Guidelines

Best practice: Follow the 30-minute rule when making return-to-play decisions. After the last flash of lightning is witnessed or the last thunderclap is heard, it is recommended to wait at least 30 minutes before resuming practice or competition.

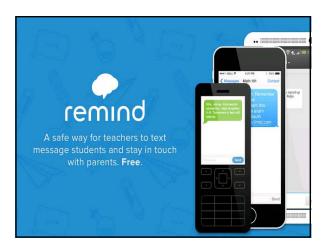


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Inappropriate Conduct

- Boundary invasions due to untrained coaches.
 - Text messaging
 - Driving athletes home alone— Rule of 2
- Enhanced criminal penalties for coaches convicted of sexually abusing an athlete.
 - "Coach" defined broadly as a "person who instructs or trains an individual or members of a team in a sport."



OSAA Rules: Recruitment

- Any contact initiated by a coach or other school representative with a student from another school for the purpose of athletic or activities recruitment is considered undue influence.
- Sending recruiting letters to students already enrolled in high school is undue influence.
- Students who transfer due to recruitment will be ineligible to play for that school year in accordance with OSAA Rule 8.6.



OSAA Rules: Transfer

- A high school student who attends, participates or was eligible to participate for a school, and then transfers to another school is ineligible for one calendar year from the last date of participating or receiving instruction.
- Any time a student and coach attend the same camp, instruction is considered to have taken place. Rule 8.6.5.
- A student may not receive athletic or activities instruction, including weight training and conditioning, from a person affiliated with the school to which the student transfers or may represent for up to 1 year.

Questions?

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