Welcome!

Comprehensive Health Education meets Common Core

The Children’s Health Market
Training Outcomes

- Explore common health threats to youth
- Identify the comprehensive health strategies and link with CCSS
- Review tools for assessment
THE GREAT BODY SHOP

MISSION:

To equip children and their families with the knowledge and skills needed to make healthy choices throughout their lives.

Published by

The Children's Health Market, Inc.
You can’t keep a child **educated** that isn’t **healthy** and
You can’t keep a child **healthy** that isn’t **educated**!
Leading Causes of Death

All Americans

1. Heart Disease
2. Cancer
3. Chronic Respiratory Disease
4. Stroke
5. Accidents
6. Alzheimer’s
7. Diabetes
8. Influenza and Pneumonia
9. Kidney Disease
10. Intentional Self-harm (suicide)
Leading Causes of Death
National Center for Health Statistics, 2009

All Americans
1. Heart disease
2. Cancer
3. Ch. Resp. Disease
4. Stroke
5. Accidents
6. Alzheimer’s
7. Diabetes
8. Influenza/pneumonia
9. Kidney disease
10. Suicide

5-14 year olds
1. Accidents
2. Cancer
3. Congenital conditions
4. Assault/Homicide
5. Suicide
6. Influenza/pneumonia
7. Heart disease
8. Chron. Resp. Disease
9. Benign neoplasms
10. Stroke

15-24 year olds
1. Accidents
2. Assault/Homicide
3. Suicide
4. Cancer
5. Heart disease
6. Congenital conditions
7. Influenza/pneumonia
8. Pregnancy/child birth
9. Stroke
10. Chron. Resp. Disease
Preventing Premature Death

US Public Health Service, Department of Health and Human Services, Healthy People 2020

Leading Health Indicators

- Diet
- Physical Activity
- Tobacco
- Substance Abuse
- Injury and Violence
- Sexual Behaviors
- Mental Health
- Environmental Quality
- Immunization

[Bar chart showing medical intervention and behavioral changes percentages, with 10% and 70% depicted]
2013 OREGON HEALTHY TEENS SURVEY

2011 OHT State Report
October, 2011
Why THE GREAT BODY SHOP?

- Comprehensive Health Education
- Nationally Recognized & Research-based
- Supports Common Core
- Easy Implementation into PE

It’s Easy! It’s Fun! It Works!
A Unique Approach

School

Families

4 Lessons
Research-Based Prevention That Works!

- Significantly lowers use of alcohol, cigarettes, and marijuana
- Results in fewer violent acts and conduct problems
- Produces higher scores on health knowledge, health attitude and health self-efficacy
- Results in parents reading the materials, using them and changing something at home
- Significant improvement in the CDC risk areas
- Significant improvement in 20/24 risk and protective behaviors

Students and Families
In Summary...

- Meets State and National Standards
- Sequential
- Monthly Themes - 10
- Once a week!
- Student Issue - annually updated
Any Questions?
The Common Core

- The 8 page Student Issue looks colorful, contains contemporary graphics, and includes a Family Bulletin.

- Each Student Issue provides an instructional focus on academic vocabulary, fluency, and comprehension.

- Text Complexity - Lexile Analyzer

- Reading, Writing, and Speaking grounded in evidence
Aligned to The Common Core

Reading
– Informational text
– Strategies
– Text complexity

Language
– Academic vocabulary

Speaking/Listening
– Collaboration
– Group work

Writing
– Summary
– Argument/persuasion
– Explanatory
Let's Take a Look . . .

Can you find examples:

Anchor Standards

- Reading:
  - Key Ideas and details
  - Craft and structure
  - Integration of knowledge and ideas
  - Text Complexity
- Writing
- Language
- Speaking and Listening

- Decision Making Skills
- Social Emotional Learning
- Refusal Skills
- Bully Prevention
- Critical Thinking skills
Middle School

Families

Classroom

Students
Scope/Sequence

- Nine Topics
- Three lessons for each module
- Alternative Teaching Strategies
- Targeted Extension Activities
- Critical Thinking and Life-long Learning Skills
- Designed to change behavior
- Meets State and National Standards
Many Systems, One Body...
Working Together to Keep You Going!

(Any questions?)

Let’s take a look at your body systems. They’re incredible! They have many parts and subsystems that work together to keep you healthy.

In this issue:
- Body systems (what’s inside me and how it works)
- Interrelationships between systems (how everything works together)

Cooperative Learning

Body Systems
Level 1 - Lesson 1

The Children’s Health Market, Inc.

Research

Presentations

Informational Text
Any Questions?
# Units

## The Great Body Shop

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<td>This Is My Family</td>
<td>Special Me</td>
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<td>Good Things In, Bad Things Out</td>
<td>Clean and Dirty</td>
<td>My Healthy World</td>
<td>Fit and Fun</td>
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### Month 1: We Stay Safe
- Define safe
- Safety and culture
- Define you
- Full use of body
- Use of senses for classroom
- Hear in discussing: listening, talking, question, answer
- Learn to make safe decisions
- Safety awareness
- Safety of others
- Body skills
- Body parts
- Body language

### Month 2: This Is My Body
- Types of food
- Using food
- Define healthy
- Health
- Weight maintenance
- Healthy body
- Healthy foods
- Food
- Food groups
- Food eating
- Food preparation
- Food management
- Food safety

### Month 3: I Like Good Food
- Food
- Food skills
- Food names
- Food groups
- Food
- Food skills
- Food
- Food groups
- Food
- Food skills

### Month 4: This Is My Family
- Define family
- Identify family members
- My family
- My family
- My family
- My family
- My family
- My family

### Month 5: Special Me
- Special needs
- Special abilities
- Special needs
- Special abilities
- Special needs
- Special abilities
- Special needs
- Special abilities

### Month 6: I Stay Healthy
- I stay healthy
- I stay healthy
- I stay healthy
- I stay healthy
- I stay healthy
- I stay healthy
- I stay healthy
- I stay healthy

### Month 7: Good Things In, Bad Things Out
- Good things in, bad things out
- Good things in, bad things out
- Good things in, bad things out
- Good things in, bad things out
- Good things in, bad things out
- Good things in, bad things out
- Good things in, bad things out
- Good things in, bad things out

### Month 8: Clean and Dirty
- Clean and dirty
- Clean and dirty
- Clean and dirty
- Clean and dirty
- Clean and dirty
- Clean and dirty
- Clean and dirty
- Clean and dirty

### Month 9: My Healthy World
- My healthy world
- My healthy world
- My healthy world
- My healthy world
- My healthy world
- My healthy world
- My healthy world
- My healthy world

### Month 10: Fit and Fun
- Fit and fun
- Fit and fun
- Fit and fun
- Fit and fun
- Fit and fun
- Fit and fun
- Fit and fun
- Fit and fun
Diverse, Multi-Sensory, and Skill-Based
Teacher's Tool Chest

THE GREAT BODY SHOP
Tools For Teachers

- Annually updated Student Issues
- **Reinforcement Activities**
- Assessments-Authentic and Performance-based
- **Skill-based scripted lessons**
- Critical Thinking Skills
- Differentiated Materials
Tools for Children/Families

- Family Bulletin
- Parent-Child Activities
- Kindergarten Music
- Student Issues
- Multi-lingual Materials
Assessments

- Traditional
- Alternative
- Authentic
- Performance-based
- Customization
Universal Access

1. NIMAS Standards
2. Spanish Materials
3. Inclusive
4. Multicultural
5. Diverse Learners

Best Practice Tips
Reinforcement Activities
Alternative Assessments

Reading
Technology and Accountability

1. Interactive website
2. Devices/games
3. Technology Support
4. Progress Monitoring
www.TheGreatBodyShop.net

Progress Monitoring

View TG
Upload BLM
Standards Explorer
Log Instruction

Customize
Professional Development

- Consultation Services
- Technical Assistance
- Staff Development
- Demonstration Lessons/Site Visits

Customize

- Basic Teacher Orientation
- Train the Trainer Model
- Technology
- Sensitive Topics
- Common Core
- Social and Emotional Learning
Thank you!

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